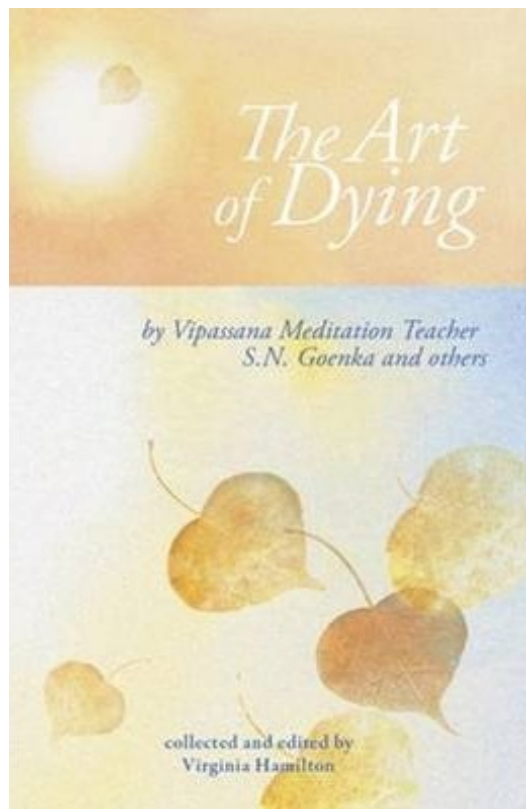


# [PDF Download] The Art of Dying Online eBook by S. N. Goenka



## Book info:

**Author:** *S. N. Goenka*

**Format:** *174 pages*

**Dimensions:** *139.7 x 213.36mm*

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## Synopsis:

Weaving together material from many sources, this collection provides a context for understanding death - whether our own or a loved one's - and experiencing it with awareness and equanimity. It features passages from the Pali texts, writings of S.N. Goenka, poems, theoretical expositions, a question-and-answer section and compelling essays by or about meditators confronting the end of life.

## Additional Information:

### About S. N. Goenka

S. N. Goenka has trained more than 800 assistant teachers who conduct courses in Vipassana centers around the world. He is the author of "The Discourse Summaries," "The Gracious Flow of Dharma," and "Meditation Now." Virginia Hamilton is a former editor of the "International Vipassana

Newsletter." She lives in Egbert, Ontario.

## **Review quote**

""Brings a piercing light to a universal reality too often darkened by ignorance, fear and mythology. Alternately intelligent and moving, instructive and poetic, scientific and devotional, it examines its important subject from a variety of angles in its quest to explain--and accept--the great mystery of death. That it does so in such a concise and readable way is truly remarkable."  
--Ron Graham, award-winning Canadian journalist""