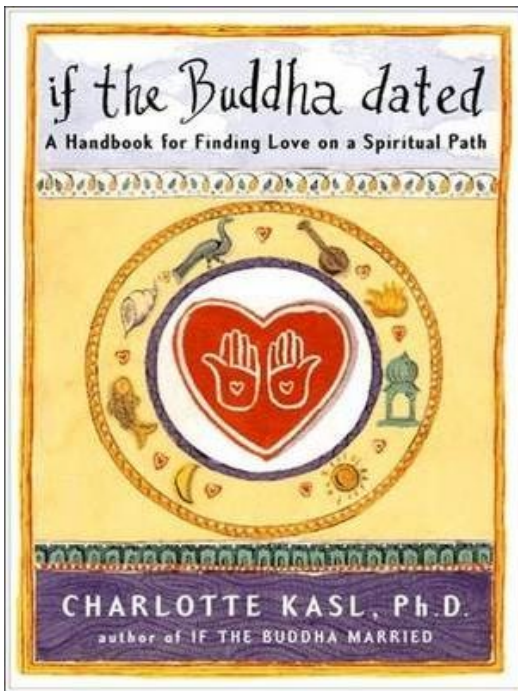


[PDF Download] If the Buddha Dated: A Handbook for Finding Love on a Spiritual Path Full Book



Details:

Author: *Charlotte Kasl*

Format: *CD-Audio*

Dimensions: *137.16 x 190.5mm*

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Publisher: *Tantor Media, Inc*

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Book Synopsis:

Charlotte Kasl, bestselling author, spiritual practitioner, and therapist, brings a compassionate understanding to the anxiety and uneasiness of new love, and helps listeners discover their potential for vibrant human connection based on awareness, kindness, and honesty. She approaches the dating process as a means for awakening, reminding us that when we live by spiritual rules, we bring curiosity and a light heart to the romantic journey. Filled with quotations from Zen, Sufi, and other wisdom traditions, and informed by the experiences of people from all walks of life, here is a relationship book that will appeal to audiences looking for more than a Venus-meets-Mars solution to the complex affairs of the heart.

Recommendations:

About Charlotte Kasl

Charlotte Kasl is a licensed professional clinical counselor, a certified addiction specialist in the areas of chemical dependency and sexuality, a Reiki master healer, and the author of over a dozen books, including "Women, Sex, and Addiction" and "If the Buddha Got Stuck." Renee Raudman is a multi-award-winning audiobook narrator and actor. A multiple Audie Award nominee, she has earned a number of "AudioFile" Earphones Awards, and her narration of "Homer's Odyssey" by Gwen Cooper was selected by "Library Journal" as one of the best audiobooks of 2009.